

Saturday 27th August, 2016

10:00 - Welcome, introduction and housekeeping.

Olivia Van Vugt, Trustee, Nelson Regional Breast & Gynaecological Cancer Trust

10:10 - 10:20 - What is survivorship?

Dr Kate Gregory MBBS MD FRCP, Consulting Medical Oncologist

10:20 - 10:50 - Managing the side effects of drug treatment.

Dr Kate Gregory MBBS MD FRCP, Consulting Medical Oncologist

10:50 - 11:20 - Let's talk about sex.

Glynis Cumming, Clinical Nurse Specialist, Gynaecological Oncology

11:20 - 11:40 - BRCA.

Dr Susan Seifried BSc, MBChB, FRACS

11:40 - 12:00 - Lymphoedema.

Yvonne Ferguson, Physiotherapist

12:00 - 12:30 - Managing anxiety and uncertainty.

Gerry Dowse, MA (Applied) Clin & Comm Psych (Dist.), MNZCCP, Clinical Psychologist

12:30 - 1:15 - Lunch

1:15 - 1:30 - PINC.

Helen Nott, Bsc Physiotherapy Hons, Physiotherapist, PINC Cancer Rehabilitation therapist

1:30 - 1:45 - Breast prostheses and lingerie.

Helen Clements, Classic Contours

1:45 - 2:00 - What to eat for bone health and weight control.

Naomi Johnson, BCAPSc in Human Nutrition and PGDipDiet, NZ Registered Dietitian Prescriber, Primary Care Dietitian, Nelson Bays Primary Health

2:00 - 2:20 - Physiotherapy for pelvic issues.

Sharon Wilson, Restore Physiotherapy

2:20 - 2:40 - Gynaecological cancer - A survivor's perspective.

Kim Proctor-Western, Trustee, Nelson Regional Breast & Gynaecological Cancer Trust

2:40 - 3:00 - Afternoon Tea

3:00 - 3:20 - Radiology.

Dr Luke Newnham MBChB FRANZCR, Consultant Radiologist, Nelson Radiology Limited and Nelson Marlborough DHB

3:20 - 3:50 - Breast Reconstruction.

Rosalynd Pochin MBBS. BSc Hons. (Lon.) FRACS, Breast and General Surgeon

3:50 - 4:00 - Thank you.

Rosalynd Pochin, Ambassador, Nelson Regional Breast & Gynaecological Cancer Trust